



## Level 2: Revolution

This course will revolutionise your riding. During the course we will revisit the core skills and apply them to more technical terrain. We will also look at carrying speed through technical sections and gaining the skills to become a more dynamic and confident rider. You will finish the day with the skills to ride difficult sections of trail with speed, flow and style.

We will apply more advanced skills like manuals, hops, pumping and cornering to the trail, as well as looking at better line choice.

This course is in line with the skills needed for British Cycling's Level 3 Mountain Bike Leader award.

### Why this course?

- You want to carry more speed and ride trails with style
- You want to be the pilot rather than the passenger
- You want to use dynamic riding to find and create more grip
- You want to feel confident going into steeper and unknown trails.
- You want to master that techy climb.
- You want to take your riding to the next level.
- You want the skills to go for British Cycling's Level 3 Mountain Bike Leader award.

### Just some of the things we will cover:

- Technical descending
- Technical climbing
- Advanced cornering
- Finding grip
- Pumping
- Dynamic Riding
- Man-made and natural trail

For more information or to book on one of our Revolution courses, contact us [info@cyclewildscotland.co.uk](mailto:info@cyclewildscotland.co.uk)