
Scottish Mountain Bike Leaders Award



Scottish Cycling, The Velodrome, London Road, Edinburgh EH7 6AD.
Tel 0131 652 0187, E-mail: smbla@scottishcycling.com www.scottishcycling.com

Candidate Pathway through the SMBLA Award Scheme

1. SMBLA Award Scheme Enquiries

Any Candidate contacting Scottish Cycling (SC) for information about the SMBLA Award Scheme will either:

- be sent an **Information Pack** or
- be referred to the SC website, "SMBLA" page to access **SMBLA Award Scheme Information**

2. SMBLA Course Pre-requisites

2.1 A Candidate **registers** by completing an **SMBLA Registration** form (available from the SC Website - News /Downloads section 6.0) and sending it to SC with a cheque for £36 *or* registering on-line via the web "Shop".

On registering candidates will receive:

- a numbered **SMBLA Registration Letter** acknowledging their registration which should be shown to the Tutor prior to TCL/MBL Training
- The **SMBLA Official Training Manual**

2.2 Candidates must complete an **SMBLA Logbook** (contained in the Registration pack) and send this to their course tutor in advance of a training course. Logbook evidence should consist of at least 20 mountain bike rides of 1.5 hrs duration in a variety of weather conditions. Longer rides of 2-3 hrs duration, with at least one being 6 hours, and 2-3 detailed route cards should also be included. **The terrain covered should be appropriate to the level of award sought.** Rides may be undertaken in the UK or abroad any time within the last 12 months.

3. TCL Training

Before a Training Course

Candidate should:

1. contact an SMBLA Tutor to arrange a TCL training course (see the SC website for Training Course dates and a list of SMBLA Tutors)
2. complete the **SMBLA Logbook Sheet** (for guidance see the Training Manual) and send it to their course tutor together with their Registration Number at least a week before the date of their course
3. be familiar with the SMBLA Training Manual included in the Registration pack

After TCL Training Course:

1. tutor will complete for **each** Candidate a **TCL/MBL Training Completed – Candidate** (blue) form to present at a future TCL Assessment and which contains an individual **Action Plan**
2. Candidates **must log at least 10 rides between completing a Training course and doing an Assessment**, working on their **Action Plan**, allowing a minimum of 30 days between Training and Assessment to consolidate learning. Any candidate with good reason who wishes to apply for exemption from this consolidation period should apply to Scottish Cycling and will be asked to complete an Exemption form which is submitted to their intended assessment Tutor whose decision is final.

4. TCL Assessment

Before TCL Assessment:

Candidate should:

1. contact a SMBLA Tutor to arrange a TCL assessment
2. apply for / renew if necessary their British Cycling membership (this will be checked by SC before a TCL certificate is awarded)
3. ensure they have a recognised current 12 hour First Aid Certificate (see information enclosed in Registration pack for details)

After Assessment:

1. Tutor will give to **each** Candidate a **TCL/MBL Assessment Completed - Candidate** form detailing any relevant comments / suggestions. **Note: this is not your TCL certificate!**

5. TCL Certification

Candidates who successfully complete a TCL assessment, and who are current members of BC, will be sent their **TCL Certificate**. The certificate will remain **valid** while the candidate is a current member of BC and has an acceptable, up to date First Aid training qualification.

6. MBL Training

Before Training Course:

Candidate should:

1. contact a SMBLA Tutor to arrange an MBL training course (see the SC website for Training Courses available and Tutor contact details)
2. complete an **SMBLA Logbook Sheet** (available from the SC Website /Downloads section) and send it to their Tutor at least a week before the date of their course
3. read the relevant parts of the SMBLA Training Manual

After Training Course:

1. Tutor will give **each** Candidate a **TCL/MBL Training Completed – Candidate** (blue) form to present at a future MBL Assessment
2. Candidates must log at least 10 rides between completing a Training course and doing an Assessment, working on their **Action Plan**, allowing a minimum of 30 days between Training and Assessment to consolidate learning.

7. MBL Assessment

Before Assessment:

Candidate should:

1. contact a SMBLA Tutor to arrange an MBL assessment.
2. ensure their British Cycling membership is current (required before SC can issue an MBL certificate)
3. ensure they have a recognised current 12 hour First Aid Certificate

After Assessment:

1. Tutor will complete for **each** candidate a **TCL/MBL Assessment Completed - Candidate** form detailing any relevant comments / suggestions, to be retained by the candidate

8. MBL Certification

Candidates who successfully complete an MBL assessment, and who are members of BC, will be sent the relevant **MBL Certificate**. The certificate will remain **valid** while the candidate is a current member of BC and has an acceptable, up to date First Aid certificate (details of which are printed on the back of each certificate)

9. British Cycling MTB Leadership Endorsement

All members of BC joining through SMBLA will have their membership cards endorsed "Scottish MTB Leaders".

There are 3 categories of membership: Bronze, Silver and Gold.

Silver and Gold members of BC are automatically insured for **Third Party Liability** (Gold members additionally have Personal Accident cover). Bronze members receive no insurance cover through their membership, but may upgrade to Silver or Gold at any time.

Where evidence of **Child Protection** training is provided, Silver and Gold members have entitlement to **Professional Indemnity (PI)** as well. Since CP is not presently part of the TCL/MBL qualification, any SMBLA qualified Leader wishing PI must provide Scottish Cycling with evidence that an acceptable **Good Practice and Child Protection Course** has been attended.

Membership applications can be made on-line or by calling BC's membership department on 0161 274 2010.